

Ali'i Nani Aesthetic Medicine

Skin Typing Questionnaire

SCORE	0	1	2	3	4
What is your eye color?	Light blue or gray	Blue or green	Hazel or light brown	Dark brown	Brownish black
What is the natural color of your hair?	Red or sandy red	Blonde	Dark blonde, chestnut brown	Dark brown	Black
What is the color of your skin (unexposed areas)?	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
Do you have freckles on sun-exposed areas?	Many	Several	Few	Incidental	None
What happens when you stay in the sun too long?	Painful, Redness, blistering or peeling	Blistering followed by peeling	Burns, sometimes followed by peeling	Rarely burns	Never had burns
To what degree do you turn brown?	Hardly any or not at all	Light tan	Reasonable Tan	Tan very easily	Turn dark brown quickly
Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face respond to sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem
When was your last exposure to sun, tanning bed or self-tanners?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago

TOTAL SCORE: _____ (Match your total score with corresponding Skin Type)

0-7

Type I

26-30

Type IV

8-16

Type II

Over 30

Type V-VI

17-25

Type III